

# CLINICAL TRIALS: FREQUENTLY ASKED QUESTIONS

**Advancing Medicine. Empowering Patients.**

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## **What is a clinical trial?**

A clinical trial is a research study that helps doctors and scientists learn more about new treatments, medications, or devices. Each study follows a strict plan to ensure safety and reliability. Clinical trials are essential for discovering better ways to prevent, diagnose, and treat diseases.

## **Who can join a clinical trial?**

Each study has specific guidelines called eligibility criteria based on age, medical history, or current health. Our research team will review these with you to see if a study is the right fit.

## **What are the possible benefits?**

- Access to promising new treatments before they are widely available
- Ongoing care and close monitoring from experienced medical professionals
- A chance to help others by contributing to medical research

## **Why do clinical trials matter?**

Every prescription, vaccine, and medical device available today began with volunteers who joined a clinical trial. By taking part, you are helping advance science, improve patient care, and shape the future of medicine.

## **Are there any risks?**

All studies involve some level of risk, such as side effects or unknown outcomes. Before you decide to join, our team will review all known information, explain what to expect, and answer your questions. Your safety is always our top priority.

## **Is participation voluntary?**

Absolutely. Joining a trial is your choice. You may leave the study at any time, for any reason, and your regular medical care will not be affected.

## **How is my privacy protected?**

Your personal and medical information are kept strictly confidential. Data are stored securely and shared only in ways that do not identify you.



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## What happens if I decide to participate?

- Screening: We'll review your health history and run any necessary tests to confirm eligibility.
- Informed consent: You'll receive detailed information about the study, risks, and your rights before signing a consent form.
- Study visits: Depending on the trial, visits may include exams, lab work, medication, or follow-up calls.
- Ongoing support: Our research team will stay in touch, monitor your progress, and answer any questions throughout the study.

## Will I be paid or reimbursed?

Some trials offer compensation for time, travel, or other expenses. This information will be clearly discussed before enrollment.

## How long do clinical trials last?

Each study has its own timeline ranging from a few weeks to several years. We'll explain how long the study lasts and what's expected before you make any decision.

## Clinical Trials at Southern New Hampshire Health

Southern New Hampshire Health is proud to be an active participant in advancing medical research that directly benefits our community. Our clinical research program partners with leading healthcare organizations and pharmaceutical sponsors to bring innovative treatments and new therapies to our community.

Our patients are at the heart of every study. We combine compassionate care with scientific excellence, ensuring that your experience is safe, respectful, and meaningful. Whether you're managing a chronic condition, exploring new treatment options, or simply curious about contributing to medical progress, our team is here to guide you every step of the way.

Every breakthrough begins with a volunteer. Thank you for considering participation in clinical research. Your contribution makes a lasting impact.

Learn More or [See if You Qualify](#)

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