

PROUD TO PARTICIPATE IN ANTIBIOTIC STEWARDSHIP

At Southern New Hampshire Health, we care about keeping you healthy and safe. To do this, our providers give antibiotics only when they are truly needed.

We believe:

- **Antibiotics must be used wisely.** This helps prevent germs from becoming resistant and protects future generations.
- **Safety comes first.** We avoid giving antibiotics when they aren't needed, because they can sometimes cause side effects.
- **Education matters.** We explain when antibiotics can help and when other treatments may work better.

By working together, we can improve care, lower risks, and make sure antibiotics stay effective for the future.

Our practices follow proven guidelines from the Centers for Disease Control and Prevention (CDC).

Thank you for partnering with Southern New Hampshire Health to keep our community healthier and safer.



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