

FOOD RESOURCES

IN THE GREATER NASHUA COMMUNITY

2-1-1 NH/2-1-1 MA:

- If a family needs help, call 2-1-1 (Food, Shelter, Clothing, Supplies, Legal Aide, Crisis Help)
- Confidential assistance is available in 150 languages.

City Welfare Office:

18 Mulberry St. **Nashua NH** | Phone: 603-589-4555

*Request Emergency Assistance Program can help with short term emergency coverage for food, clothing, rent money, prescription medications, or cash voucher.

- Other towns:
 - **Amherst:** 2 Main St. | Phone: 603-673-6041
 - **Merrimack:** 6 Baboosic Lake Rd. | Phone: 603-423-8535
 - **Concord:** 129 Pleasant St. | Phone: 603-883-7726
 - **Manchester:** 1528 Elm St. | Phone: 603-624-6484
 - **Milford:** 1 Union Square | Phone: 603-673-3652
 - **Bedford:** 24N Amherst Rd. | Phone: 603-792-1315
 - **Brookline:** 1 Main St. Po Box 360 | Phone: 603-673-8855 x300

SNAP (Supplemental Nutrition Assistance Program)/Food Stamps:

- To apply go to nheasy.nh.gov or call 603-271-9700 or 1-800-852-3345 x9700 (through this option you can apply for many other resources such as cash assistance and Medicaid insurance as well.) For help with an application, please call 877-347-7627.
- For families that reside in *Massachusetts*, go to DTAConnect.com or call 877-382-2363, Press 7.

United Way Programs | Phone: 603-882-4011

- [United Way of Greater Nashua](#) for Pop-Up Produce pantries, Little Free Pantries and seasonal offerings in Nashua.



In Collaboration with Legacy Trust of SNHH, these resources and community contacts are being provided to help offer available resources in the greater Nashua area. Southern NH Health is not directly affiliated with the organizations listed.

Western Hillsborough County Family Services (Southern NH Services):

Phone: 603-924-9601

- This program assists with gaps in services and needs for low-income families connecting them to services including food, shelter, and other help.

Meals on Wheels:

For New Hampshire residents call 603-424-9967

For Massachusetts residents

- MOC (Making Opportunity Count) call 978-345-8501 ext. 2.
- Townsend Senior Center (Council on Aging) call 978- 597-1710
 - Lunches: Hot meals are served everyday Monday through Friday (except for holidays)
- Pepperell Senior Center (Albert Harris Center) call 978-433-0326

Women Infant and Children's (WIC) Program:

134 Allds St | Phone: 603-889-3440 Fax: 603-228-1898 or 1-800-WIC-4321

www.signupWIC.com

- This program is for families with children birth through 5 years of age. This program consists of Nutritionists and Lactation Specialists as well as online education and parenting tips.
- For Massachusetts residents, contact Ayer, MA at 978-345-6272 or Leominster, MA at 978-534-9117.

Local School Meals Program:

- Your Child's school provides Breakfast and Lunch based on your family's income.
*Parents submit applications each year to be included in this program. Please look on your child's school Website or contact the school for more information. Massachusetts schools provide free breakfast and lunch for all students in school.

End 68 Hours of Hunger Program:

Provides nutritious food for children to take home from school on Friday afternoon. Parents can request to be part of this program through their school. The student picks up a brown, unmarked bag at the end of the day on Friday afternoon to bring home filled with nutritious nonperishable foods.

Summer School Lunch Distribution:

Each weekday during the month of July, volunteers set up tables outside five Nashua elementary schools to distribute take-away breakfasts and lunches to neighborhood children in need of food. For more information on your local summer food, contact 603-668-8010 or visit www.snhs.org.



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Local NH Food Pantries:

For a complete list, please visit nhfoodbank.org

Location	Address	Phone
Nashua Soup Kitchen Food pantry M, W, F: 12-3 Breakfast M-F 8:30-9:30, Dinner M-Sa 4-6 Su. 12-1:30	2 Quincy St Nashua	603-889-7770
Corpus Christi Food Pantry Distributes goods and services Monday and Wednesday 10-2 Tuesdays and Thursdays 2-3 call for an appointment.	3 Crown St Nashua	603-882-6372
Tolles Street Food Pantry Open Mondays and Thursdays 12-2	52 Whitney St Nashua	603-882-4984
Salvation Army	1 Montgomery Ave Nashua	603-889-5151
Families in Transition-Food Pantry & Donation Center	176 Lake Ave, Manchester	603-641-9441
Merrimack Community Food Pantry	646 Daniel Webster Hwy, Merrimack	603-440-0741
St Patrick Food Pantry, St Patrick's Parish	12 Main St, Pelham	603-635-7592
Upper Room Food Pantry	36 Tsienneto Rd, Derry	603-437-8477
Milford Share Pantry open Mon-Fri May apply online at sharenh.org	Elm St	603-673-9898
Greater Nashua Downtown Gardens and Farmers Market (SNAP Market Match)	Nashua	603-883-5700

Local MA Food Pantries:

For a complete list, please visit agingservicesma.org

Aging Services on North Central MA | Phone: 978-537-7411

Location	Address	Phone
Merrimack Valley Food Bank	735 Broadway St, Lowell	978-454-7272
Catholic Charities North County	196 Mechanic St, Leominster	978-840-0696
Townsend Ecumenical Outreach	82 Bayberry Hill Rd, Townsend	978-877-6002
United Neighbors of Fitchburg	18 Fairmount St, Fitchburg	978-342-2069
Loaves and Fishes	234 Barnum Rd, Devins	978-772-4627
Pach	66 Hollis Street, Pepperell	978-925-9770



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